

Sermon: “*A Heart Healthy Body (of Christ)*”

Text: Acts 2:36; 41-47 (pew Bible page 910)

“Now you are the **body** of Christ, and each one of you is a part of it.” **I Corinthians 12:27**
“**Christ** is the **head** of the church, his body, of which he is the Savior.” **Ephesians 5:23**

I A Heart Healthy Church loves God’s Word (the Bible).

A. The Bible is necessary for the existence of the church.

“What good will it be for someone to gain the whole world, yet forfeit their soul?”
Matthew 16:26

B. The words of the Bible are the very words of God.

“All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness, so that the man of God may be thoroughly equipped for every good work.”
II Timothy 3:16

Psalm 119:160 “All your words are true.”

- Inspired
- Inerrant
- Infallible
- Verbal plenary inspiration

C. So what?

The Bible is, therefore, our only rule for faith (what to believe) and life (how to live).

II. A Heart Healthy Church is devoted to a regular ingestion of God’s Word

Acts 2:42 “They devoted themselves to the apostles’ teaching...”
I Timothy 4:7 “Train yourself to be godly.

A. A craving to ingest it

“Like newborn babies, crave pure spiritual milk, so that by it you may grow up in your salvation, now that you have tasted that the Lord is good.” **I Peter 2:1-2**

B. A consideration of what God accomplishes through His Word

1. **The Word of God cleanses our soul**
“Cleansing her by the washing with water through the word.” **Ephesians 5:26**
2. **The Word of God equips us to counsel and encourage others**
“Let the word of Christ dwell in you richly as you teach and admonish one another with all wisdom, and as you sing psalms, hymns and spiritual songs with gratitude in your hearts to God.”
Colossians 3:16
3. **The Word of God prepares us for the spiritual battle**
Ephesians 6:14 “The belt of truth buckled around your waist.”
Ephesians 6:17 “The sword of the Spirit, which is the word of God.”
4. **He Word of God sanctifies us (helps us grow)**
“Sanctify them in the truth; your word is truth.” **John 17:17**

“Do not conform any longer to the pattern of this world, but be transformed by the renewing of your mind.” **Romans 12:2**
5. **The Word of God is our soul’s nourishment**
“Jesus answered, “It is written: ‘Man shall not live on **bread alone**, but on every word that comes from the mouth of God.’” **Matthew 4:4**
6. **It is by the Word of God that people come to believe in Christ**
“You have been born again, not of perishable seed, but of imperishable, *through* the living and enduring word of God.” **I Peter 1:23**

“He chose to give us birth *through* the word of truth.” **James 1:18**

III. Some Practical Instruction:

- 1.
- 2.
- 3.